

30th September 2022



# Year 4 News



## Assistant Headteacher Update



The wonderful start to our new school year is continuing, with the children now fully immersed in the whole curriculum we offer here at Hampton Vale. It has been lovely to see the children selecting their reading books and taking them home to share with you. The children will be awarded a star each time they read three times at home. Once the children receive 25 stars they will be awarded their Bronze Reading Award. Reading regularly will not only improve your child's fluency, but it will also improve their vocabulary as well as supporting them with their spelling and punctuation when writing, not to mention developing their imagination.

Teachers are continuing to set homework on Google Classroom, thank you for submitting it once it has been completed. If you have any questions about the homework, Google Classroom, or if you are unsure how to access it, please speak to your child's class teacher.

In our Maths lessons, Year 4 has been applying our place value knowledge to order, compare and round numbers up to 10,000. As well as this, we have been deepening our understanding by using mathematical language to reason and problem solve different 'real-life' mathematical scenarios. We also learnt a very catchy song about Roman numerals and we found out how they influenced the number system we use today. The song proved to be very popular and embedded the knowledge we learnt about the Roman in Year 3

We have been fully absorbed in our new science biology topic 'Living things and their habitats'. It has been very interesting to find out about how animals' features adapt over time so that they are better suited for survival in their habitats. Did you know that zebras are black and white because lions are unable to see them clearly in the grassland and the stripes hypnotise them. We have also discussed the differences between the habitats found in the UK, Hampton and even our school!

Our sketches of the Egyptian pharaoh, Tutankhamun, have blown Miss Richardson away in Art! We used a step-by-step approach to carefully depict his features and ensure the correct scale. After completing an outline, we overlapped yellow and orange tones to create a gold effect. We were so proud of our finished pieces and we hope that you will be able to see them soon.

There has certainly been a change in weather, and with the arrival of the rain and cold days, please remember to bring wellies and appropriate clothing, especially on Forest School and PE days. If you are unsure of the days on which your child has Forest School or PE, please speak to your child's class teacher.

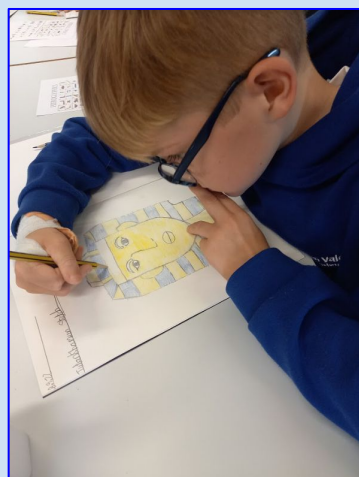
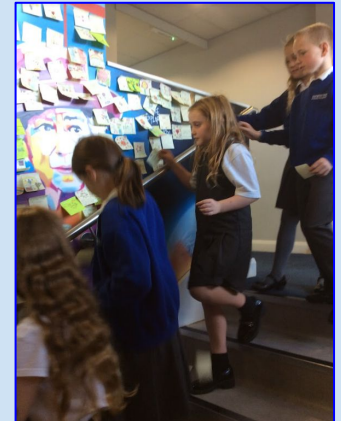
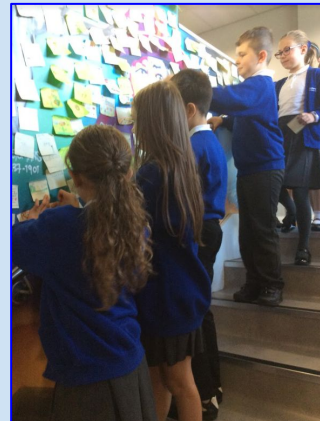
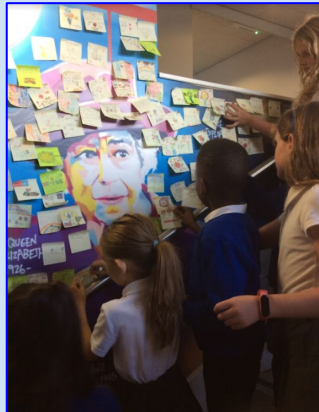
30th September 2022



# Year 4 News



## Photos of us





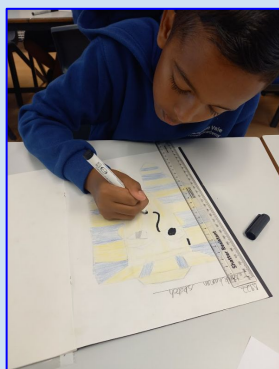
30th September 2022



# Year 4 News



## Photos of us



30th September 2022



# Year 4 News



## What we have to say....

*New Delhi Science has been great this week as I really enjoyed researching habitats on the ipads because I like animals. I found out that the ocean habitat is salt water and the temperatures in English seas are 18.889 degrees. It is home to many animals such as crabs and seagulls. Jack, New delhi*

*In History, I have enjoyed learning about the Egyptian afterlife. If you were rich and important you would be mummified and buried in a tomb with all of your belongings! I'm looking forward to learning about the mummification process next lesson- Oliver W, Tokyo*

*I have really enjoyed continuing to read 'The Witches' in our Guided Reading lessons. I loved learning about how witches disguise themselves as normal women. In Performing Arts, we were reading a script from 'Mary Poppins.' We read a conversation between Michael, Jane and Mary and acted it out in groups of 3- Lola, Beijing*



## REMINDER

Please make sure you send your children to school with a healthy lunch and snacks.



## Key Dates



**Census day/Special Lunch - 6th October**  
**Individual/Sibling Photographs - 20th October 2022**  
**Half Term - 24th - 28th October 2022**  
**British Museum - 8th November 2022**  
**Parents Evening - 7th & 10th November**



30th September 2022



# Year 4 News



## BLACK HISTORY MONTH 2022

*For the month of October we will proudly be celebrating Black History Month 2022. This year's theme is 'Actions Not Words' and as a school we will be learning about black culture, history, prejudices that black people have faced in order to fight for equality, as well as learn about black people's contribution to British society. We also excitingly have a dance group coming into school to work with all year groups on 19th October. If you would like to find out any further information please speak to Mrs Matingwa or Miss Onyett. We look forward to updating you further about our learning throughout the month!*

30th September 2022



# Year 4 News



## PE Update



In P.E this term Reception to year 2 have been doing Multi skills and playing Tag games. Children in years 3-6 are training for the london Mini Marathon and also playing tag rugby.

In Tag rugby the children have learned how to tag, pass and score tries.

Children in reception have had a great start to the year. They've been playing simple tag games and working on different balances too.

Children will be Running a mini marathon of 2.6 miles in October in their P.E lessons. This equates to 8 laps of the school field. They have been training in lessons and learning about how to build stamina and running at different speeds. Also they have learned about what effects exercise has on the body. (See next slide.)

We also Have a new P.E teacher to work with the children called Mr Collins also. He has worked in schools before and has a background in football. Children have made him feel welcome.

We are soon going to be offering table tennis, year 1 and 2 multi skills, netball, dodgeball, extra football for years 5/6 clubs. Please keep an eye out on the MCAS app



# We're taking part in the

tcs



MINI LONDON  
MARATHON 22

School name: \_\_\_\_\_



First Session 08:30-15:00 Tuesday, 18 October 2022  
Second Session 08:30-15:00 Thursday, 8 December 2022  
An E-Consent link will be sent out next week.



# flu: 5 reasons to vaccinate your child



## 1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

## 2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

## 3. No injection needed

The nasal spray is painless and easy to have

## 4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

## 5. Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare

For more information visit  
[www.nhs.uk/child-flu](http://www.nhs.uk/child-flu)

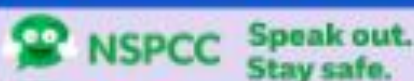
Flu **i**mmunisation

Helping to protect children, every winter



30th September 2022

# HVPA Safeguarding



## Online Safety:

Our children at HVPA use a range of different games and social media platforms and it is essential that they safeguard themselves on these platforms. Here is a handy guide to SnapChat from Internet Matters.

## What Parents & Carers Need to Know about

# SNAPCHAT

AGE RESTRICTION  
**13+**

Snapchat is a photo- and video-sharing app which also allows users to chat with friends via text or audio. Users can share images and videos with specific friends, or through a 'story' (documenting the previous 24 hours) visible to their entire friend list. Snapchat usage rose during the pandemic, with many young people utilising it to connect with their peers. The app continues to develop features to engage an even larger audience and emulate current trends, rivaling platforms such as TikTok and Instagram.

### CONNECTING WITH STRANGERS

Even if your child only connects on the app with people they know, they may still receive friend requests from strangers. Snapchat's links with apps such as Wix and Instagram have increased this possibility. Accepting a request means that children are then disclosing personal information through the Story, SnapMap and Spotlight features. This could allow predators to gain their trust for sinister purposes.

### EXCESSIVE USE

There are many features that are attractive to users and keep them excited about the app. Snap streaks encourage users to send snaps daily. Spotlight Challenges give users the chance to obtain money and online fame, and the Spotlight feature's scroll of videos makes it easy for children to spend hours watching content.

### INAPPROPRIATE CONTENT

Some videos and posts on Snapchat are not suitable for children. The hashtags used to group content are determined by the poster, so an innocent search term could still yield age-inappropriate results. The app's Discover function lets users swipe through snippets of news stories and trending articles that often include adult content. There is currently no way to turn off this feature.

### SEXTING

Sexting continues to be a risk associated with Snapchat. The app's 'disappearing messages' feature makes it easy for young people (teens in particular) to share explicit images on impulse. While these pictures do disappear – and the sender is notified if it has been screenshot first – users have found alternative methods to save images, such as taking pictures with a separate device.

### DAMAGE TO CONFIDENCE

Snapchat's filters and lenses are a popular way for users to enhance their 'selfie game'. Although many are designed to entertain or amuse, the 'beauty' filters on photos can set unrealistic body image expectations and create feelings of inadequacy. Comparing themselves unfavourably against other Snapchat users could threaten a child's confidence or sense of self-worth.

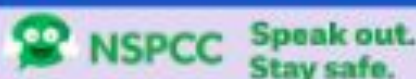
### VISIBLE LOCATION

My Places lets users check in and search for popular spots nearby – such as restaurants, parks or shopping centres – and recommend them to their friends. The potential issue with a young person consistently checking into locations on Snapchat is that it allows other users in their friends list (even people they have only ever met online) to see where they currently are and where they regularly go.



30th September 2022

# HVPA Safeguarding



## Online Safety:

### Advice for Parents & Carers

#### TURN OFF QUICK ADD

The Quick Add function helps people find each other on the app. This function works based on mutual friends or whether someone's number is in your child's contacts list. Explain to your child that this feature could potentially make their profile visible to strangers. We recommend that your child turns off Quick Add, which can be done in the settings (accessed via the cog icon).



#### CHOOSE GOOD CONNECTIONS

Snapchat has recently announced that it is rolling out a new safety feature: users will receive notifications reminding them of the importance of maintaining connections with people they actually know well, as opposed to strangers. This 'Friend Check Up' encourages users to delete connections with users they rarely communicate with, to maintain their online safety and privacy.



#### KEEP ACCOUNTS PRIVATE

Profiles are private by default, but children may make them public to gain more followers. Your child can send Snaps directly to friends, but Stories are visible to everyone they have added, unless they change the settings. If they use SnapMaps, their location is visible unless 'Ghost Mode' is enabled (again via settings). It's prudent to emphasise the importance of not adding people they don't know in real life. This is particularly important with the addition of My Places, which allows other Snapchatters to see the places your child regularly visits and checks in: strangers, bullies and groomers could use this information to engage in conversation and arrange to meet in person.



#### TALK ABOUT SEXING

It may feel like an awkward conversation (and one that young people can be reluctant to have) but it is important to talk openly and non-judgementally about sexting. Discuss the legal implications of sending, receiving or sharing explicit images, as well as the possible emotional impact. Emphasise that your child should never feel pressured into sexting – and that if they receive unwanted explicit images, they should tell a trusted adult straight away.



#### CHAT ABOUT CONTENT

Talk to your child about what is and isn't wise to share on Snapchat (e.g. don't post explicit images or videos, or display identifiable details like their school uniform). Remind them that once something is online, the creator loses control over where it might end up – and who with. Additionally, Snapchat's 'Spotlight' feature has a #challenge like TikTok's: it's vital that your child understands the potentially harmful consequences of taking part in these challenges.



#### BE READY TO BLOCK AND REPORT

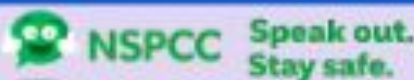
If a stranger does connect with your child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending explicit images to them, your child can select the three dots on that person's profile and choose report or block. There are options to state why they are reporting that user (annoying or malicious messages, spam, or masquerading as someone else, for example).





30th September 2022

# HVPA Safeguarding



## Online Safety:

Our children at HVPA use a range of different games and social media platforms and it is essential that they safeguard themselves on these platforms. Here is a handy guide to TikTok from Internet Matters.

## What Parents & Carers Need to Know about

# TIKTOK

AGE RESTRICTION  
13+

TikTok is a video-sharing social media app which lets people create, view and download looping 15-second clips. Typically, these are videos of users lip-syncing and dancing to popular songs or soundbites (often for comic purposes), enhanced with filters, effects and text. Designed with young people in mind, TikTok skyrocketed in popularity in 2019 and has featured near the top of download charts ever since. It now has around a billion users worldwide.

### AGE-INAPPROPRIATE CONTENT

Most videos appearing on a child's feed are light-hearted and amusing. However, some clips have been reported for featuring drug and alcohol abuse, themes of suicide and self-harm, or young teens acting in a sexually suggestive way. The sheer volume of uploads is impossible to moderate entirely – and since TikTok Jump's introduction in mid-2021, users can view third-party content outside the app.

18

CENSORED

### EXPLICIT SONGS

TikTok primarily revolves around videos of users lip-syncing and dancing to music. Inevitably, some featured songs will contain explicit or suggestive lyrics. Given the app's young user-base, there is a risk that children may view older users' videos and then be inclined to imitate any explicit language or suggestive actions.

W&H!

### TIKTOK FAME

The app has created its own celebrities: Charli D'Amelio and Lil Nas X, for example, were catapulted to fame by exposure on TikTok – leading to many more teens attempting to go viral and become "TikTok famous". While most aspiring stars hoping to be "the next big thing" will find it difficult, setbacks may in turn prompt them to go to even more drastic lengths to get noticed.



### HAZARDOUS VISIBILITY

Connecting with others is simple on TikTok – including commenting on and reacting to users' videos, following their profile and downloading their content. The majority of these interactions are harmless, but – because of its abundance of teen users – TikTok has experienced problems with predators contacting young people.

### ADDICTIVE NATURE

Like all social media, TikTok is designed to be addictive. It can be hugely entertaining – but that also makes it hard to put down. As well as the punchy nature of the short video format, the app's ability to keep users intrigued about what's coming next means it's easy for a 5-minute visit to turn into a 45-minute stay.

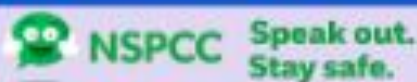
### IN-APP SPENDING

There's an in-app option to purchase "TikTok coins", which are then converted into digital rewards for sending to content creators that a user likes. Prices range from 99p to an eye-watering £80 bundle. TikTok is also connected with Shopify, which allows users to buy products through the app.



30th September 2022

# HVPA Safeguarding



## Online Safety:

### Advice for Parents & Carers

#### TALK ABOUT ONLINE CONTENT

Assuming your child is above TikTok's age limit, talk to them about what they've viewed on the app. Ask their opinion on what's appropriate and what isn't. Explain why they shouldn't give out personal details or upload videos which reveal information like their school or home address. In the long run, teaching them to think critically about what they see on TikTok could help them to become social-media savvy.

#### MAINTAIN PRIVACY SETTINGS

The default setting for all under 18s' accounts to 'private'. Keeping it that way is the safest solution: it means only users who your child approves can watch their videos. The 'Stitch' (which lets users splice clips from other people's videos into their own) and 'Duet' (where you build on another user's content by recording your own video alongside their original) features are now only available to over 18s. This might clash with your child's ambitions of social media stardom, but it will fortify their account against predators.

#### LEARN ABOUT REPORTING AND BLOCKING

With the correct privacy settings applied, TikTok is a relatively safe space. However, in case something does slip through, make sure your child knows how to recognise and report inappropriate content and get them to come to you about anything upsetting that they've seen. TikTok allows users to report anyone breaching its guidelines, while you can also block individual users through their profile.

#### ENABLE FAMILY PAIRING

'Family Pairing' lets parents and carers link their own TikTok account to their child's. Through your mobile, you can control your child's safety settings remotely – including limiting screen time, managing their ability to exchange messages (and with whom) and blocking a lot of age-inappropriate content. TikTok's Safety Centre also provides resources for parents and carers to support online safety among families. These resources can be found on their website.

#### USE RESTRICTED MODE

In the app's 'Digital Wellbeing' section, you can filter out inappropriate content (specific content creators or hashtags, for instance) using 'Restricted Mode'. This can then be locked with a PIN. You should note, though, that the algorithm moderating content isn't totally dependable – so it's wise to stay aware of what your child is watching.

#### MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child to manage their time on it in the 'Digital Wellbeing' section. Under 'Screen Time Management', you can limit the daily permitted time on the app (in increments ranging from 30 minutes to two hours). This preference can also be locked behind a PIN. That way, your child can get their regular dose of TikTok without wasting the whole day.





# Hampton Vale Primary Academy

*'Education is the key to unlocking the world,  
a passport to freedom.'*

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## **OCTOBER HALF TERM SPORTS FUN DAYS Hampton & Yaxley (Peterborough)**

We are excited to be running our Kick-Off Sports Camps during the October Half Term at various venues. Our events are from 9am-3pm for any child 4-12 years. Children that attend other schools are also able to attend all venues.

Children will participate in a range of different sporting & fun activities that may include: football, hockey, dodgeball, dance, archery to name a few with many more fun games in age appropriate groups.

Your child will need to bring with them the following: packed lunch, drinks, comfortable clothing and trainers.

The cost per day is £18.

**TO BOOK** please click the link:

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