

30th September 2022

Year 3 News

Assistant Headteacher Update

The wonderful start to our new school year is continuing, with the children now fully immersed in the whole curriculum we offer here at Hampton Vale. It has been lovely to see the children selecting their reading books and taking them home to share with you. The children will be awarded a star each time they read three times at home. Once the children receive 25 stars they will be awarded their Bronze Reading Award. Reading regularly will not only improve your child's fluency, but it will also improve their vocabulary as well as supporting them with their spelling and punctuation when writing, not to mention developing their imagination.

Teachers are continuing to set homework on Google Classroom, thank you for submitting it once it has been completed. If you have any questions about the homework, Google Classroom, or if you are unsure how to access it, please speak to your child's class teacher.

The children in Year 3 have been learning about Judaism in RE this week. So far, we have learned about Rosh Hashanah, the Jewish New Year festival, and how this is marked by the blowing of the shofar (a ram's horn trumpet). We have also found out about a major Jewish holiday called Passover, which celebrates the exodus of the Israelites from slavery in Egypt. We discovered that during Passover, several different types of foods are eaten, each with their own symbolic meaning. We shared our thoughts on how this compares to food which is eaten during celebratory festivals in other religions, such as chocolate, which is commonly eaten by Christians at Easter. Or laddu (ball shaped sweets made of flour, dough and sugar) which are eaten during the Hindu festival of Diwali. Further conversations took place regarding how religious festivals are often a time for reflection. As a result, the children took time to reflect over their previous school year and recorded their hopes and aspirations for the year ahead.

Light and shadow has continued to be our main focus in our science lessons. Children were fascinated when they discovered the history behind 'cat's eyes' on the roads. We found out about Percy Shaw, the inventor of these life saving contraptions and his reasons for creating these light reflecting devices, which now feature on many of our roads. Following this, we looked at the difference between light sources and reflective materials. Fantastic discussions took place surrounding the importance of reflective clothing, which helps to keep people visible and safe during the darker hours. We all agreed that such clothing is especially important in the winter months, when we spend a greater amount of hours in darkness.

In writing, we have just completed our first unit - writing a diary entry as Flat Stanley. We are now commencing a new unit where we will be writing a setting description. Week one will consist of learning new writing skills, such as using similes to make comparisons and using subordinating and coordinating conjunctions to extend sentences further. We will also be generating descriptive vocabulary about a forest scene from the film *The Lorax*. In week two, we will be putting these skills into practice whilst describing a scene from *Charlie and the Chocolate Factory*. This classic Roald Dahl book will also be the text which we will be reading in our reading lessons. We are very excited about immersing ourselves into this book and discovering all it has to offer.

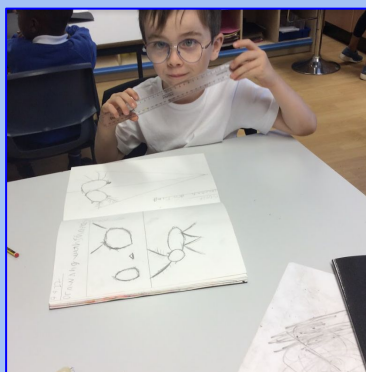
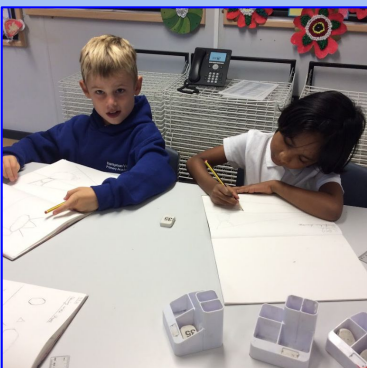
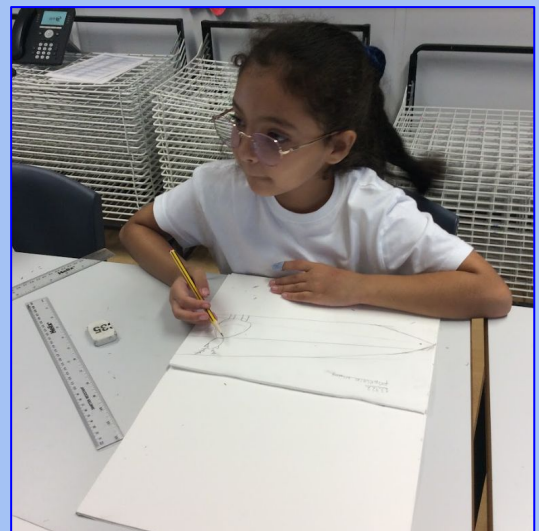
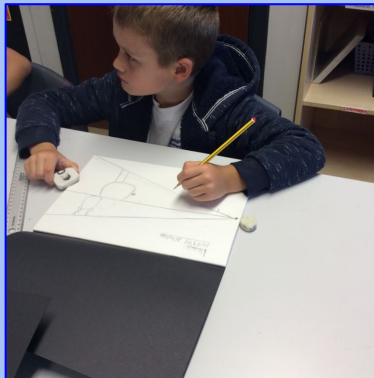
There has certainly been a change in weather, and with the arrival of the rain and cold days, please remember to bring wellies and appropriate clothing, especially on Forest School and PE days. If you are unsure of the days on which your child has Forest School or PE, please speak to your child's class teacher.

Miss Thomas

30th September 2022

Year 3 News

Photos of us

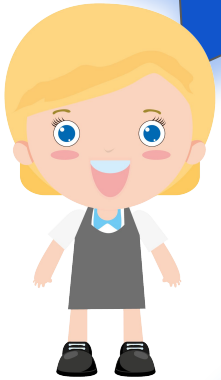


30th September 2022

Year 3 News

What do our Year 3 children have to say?

'I have enjoyed Maths. I really like practising my times tables and we have been learning about hundreds, tens and ones! It's tricky but I am getting the hang of it now.' Kacey, Athens



"In music, we have been learning about vocal exercising, snatch breaths and pitch which is making your voice go from low to high. Max, Prague



I have really enjoyed Science recently as we found out how cat's eyes were invented and why Percy Shaw invented them. I have also enjoyed learning about the Stone Age in History. Ida Rose, Copenhagen



REMINDER

As a school we would also like to remind you of the following:

- Earrings must be studs, religious bands are allowed but no necklaces, bracelets please.
- Watches are allowed, including analogue, digital and fitness trackers (step counters); however, smart-watches are not permitted as some have apps and/or can maintain connectivity to phones which can become a distraction and are deemed as a safeguarding risk.

Key Dates



Census day/Special Lunch - 6th Oct

Individual/Sibling Photographs - 20th October 2022

Half term - 24th October - 28th October 2022

Parents Evening - 7th & 10 November

Flag Fen trip - 7th December 2022

30th September 2022

Year 3 News



BLACK HISTORY MONTH 2022

For the month of October we will proudly be celebrating Black History Month 2022. This year's theme is 'Actions Not Words' and as a school we will be learning about black culture, history, prejudices that black people have faced in order to fight for equality, as well as learn about black people's contribution to British society. We also excitingly have a dance group coming into school to work with all year groups on 19th October. If you would like to find out any further information please speak to Mrs Matingwa or Miss Onyett. We look forward to updating you further about our learning throughout the month!

30th September 2022

Year 3 News

PE Update



In P.E this term Reception to year 2 have been doing Multi skills and playing Tag games. Children in years 3-6 are training for the london Mini Marathon and also playing tag rugby.

In Tag rugby the children have learned how to tag, pass and score trys.

Children in reception have had a great start to the year. They've been playing simple tag games and working on different balances too.

Children will be Running a mini marathon of 2.6 miles in October in their P.E lessons. This equates to 8 laps of the school field. They have been training in lessons and learning about how to build stamina and running at different speeds. Also they have learned about what effects exercise has on the body. (See next slide.)

We also Have a new P.E teacher to work with the children called Mr Collins also. He has worked in schools before and has a background in football. Children have made him feel welcome.

We are soon going to be offering table tennis, year 1 and 2 multi skills, netball, dodgeball, extra football for years 5/6 clubs. Please keep an eye out on the MCAS app.

We're taking part in the

tcs



MINI LONDON
MARATHON 22

School name: _____



#WeRunTogether

First Session 08:30-15:00 Tuesday, 18 October 2022
Second Session 08:30-15:00 Thursday, 8 December 2022
An E-Consent link will be sent out next week.



flu: 5 reasons to vaccinate your child



1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

3. No injection needed

The nasal spray is painless and easy to have

4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

5. Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare

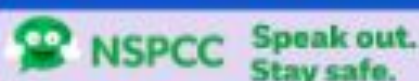
For more information visit
www.nhs.uk/child-flu

Flu **i**mmunisation

Helping to protect children, every winter

30th September 2022

HVPA Safeguarding



Online Safety:

Our children at HVPA use a range of different games and social media platforms and it is essential that they safeguard themselves on these platforms. Here is a handy guide to SnapChat from Internet Matters.

What Parents & Carers Need to Know about

SNAPCHAT

AGE RESTRICTION
13+

Snapchat is a photo- and video-sharing app which also allows users to chat with friends via text or audio. Users can share images and videos with specific friends, or through a 'story' (documenting the previous 24 hours) visible to their entire friend list. Snapchat usage rose during the pandemic, with many young people utilising it to connect with their peers. The app continues to develop features to engage an even larger audience and emulate current trends, rivaling platforms such as TikTok and Instagram.

CONNECTING WITH STRANGERS

Even if your child only connects on the app with people they know, they may still receive friend requests from strangers. Snapchat's links with apps such as WhatsApp and iMessage have increased this possibility. Accepting a request means that children are then disclosing personal information through the Story, SnapMap and Spotlight features. This could allow predators to gain their trust for sinister purposes.

EXCESSIVE USE

There are many features that are attractive to users and keep them excited about the app. Snap streaks encourage users to send snaps daily. Spotlight Challenges give users the chance to obtain money and online fame, and the Spotlight feature's scroll of videos makes it easy for children to spend hours watching content.

INAPPROPRIATE CONTENT

Some videos and posts on Snapchat are not suitable for children. The hashtags used to group content are determined by the poster, so an innocent search term could still yield age-inappropriate results. The app's Discover function lets users swipe through snippets of news stories and trending articles that often include adult content. There is currently no way to turn off this feature.

SEXING

Sexting continues to be a risk associated with Snapchat. The app's 'disappearing messages' feature makes it easy for young people (teens in particular) to share explicit images on impulse. While these pictures do disappear – and the sender is notified if it has been screenshot first – users have found alternative methods to save images, such as taking pictures with a separate device.

DAMAGE TO CONFIDENCE

Snapchat's filters and lenses are a popular way for users to enhance their 'selfie game'. Although many are designed to entertain or amuse, the 'beauty' filters on photos can set unrealistic body image expectations and create feelings of inadequacy. Comparing themselves unfavourably against other Snapchat users could threaten a child's confidence or sense of self-worth.

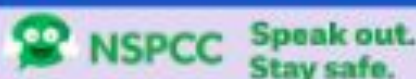
VISIBLE LOCATION

My Places lets users check in and search for popular spots nearby – such as restaurants, parks or shopping centres – and recommend them to their friends. The potential issue with a young person constantly checking in to locations on Snapchat is that it allows other users in their friends list (even people they have only ever met online) to see where they currently are and where they regularly go.

#NOFILTER

30th September 2022

HVPA Safeguarding



Online Safety:

Advice for Parents & Carers

TURN OFF QUICK ADD

The Quick Add function helps people find each other on the app. This function works based on mutual friends or whether someone's number is in your child's contacts list. Explain to your child that this feature could potentially make their profile visible to strangers. We recommend that your child turns off Quick Add, which can be done in the settings (accessed via the cog icon).



CHOOSE GOOD CONNECTIONS

Snapchat has recently announced that it is rolling out a new safety feature: users will receive notifications reminding them of the importance of maintaining connections with people they actually know well, as opposed to strangers. This 'Friend Check Up' encourages users to delete connections with users they rarely communicate with, to maintain their online safety and privacy.



KEEP ACCOUNTS PRIVATE

Profiles are private by default, but children may make them public to gain more followers. Your child can send Snaps directly to friends, but Stories are visible to everyone they have added, unless they change the settings. If they use SnapMaps, their location is visible unless 'Ghost Mode' is enabled (again via settings). It's prudent to emphasise the importance of not adding people they don't know in real life. This is particularly important with the addition of My Places, which allows other Snapchatters to see the places your child regularly visits and checks in: strangers, bullies and groomers could use this information to engage in conversation and arrange to meet in person.



TALK ABOUT SEXING

It may feel like an awkward conversation (and one that young people can be reluctant to have) but it is important to talk openly and non-judgementally about sexting. Discuss the legal implications of sending, receiving or sharing explicit images, as well as the possible emotional impact. Emphasise that your child should never feel pressured into sexting – and that if they receive unwanted explicit images, they should tell a trusted adult straight away.



CHAT ABOUT CONTENT

Talk to your child about what is and isn't wise to share on Snapchat (e.g. don't post explicit images or videos, or display identifiable details like their school uniform). Remind them that once something is online, the creator loses control over where it might end up – and who with. Additionally, Snapchat's 'Spotlight' feature has a #challenge like TikTok's: it's vital that your child understands the potentially harmful consequences of taking part in these challenges.



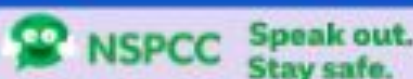
BE READY TO BLOCK AND REPORT

If a stranger does connect with your child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending explicit images to them, your child can select the three dots on that person's profile and choose report or block. There are options to state why they are reporting that user (annoying or malicious messages, spam, or masquerading as someone else, for example).



30th September 2022

HVPA Safeguarding



Online Safety:

Our children at HVPA use a range of different games and social media platforms and it is essential that they safeguard themselves on these platforms. Here is a handy guide to TikTok from Internet Matters.

What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

TikTok is a video-sharing social media app which lets people create, view and download looping 15-second clips. Typically, these are videos of users lip-syncing and dancing to popular songs or soundbites (often for comic purposes), enhanced with filters, effects and text. Designed with young people in mind, TikTok skyrocketed in popularity in 2019 and has featured near the top of download charts ever since. It now has around a billion users worldwide.

AGE-INAPPROPRIATE CONTENT

Most videos appearing on a child's feed are light-hearted and amusing. However, some clips have been reported for featuring drug and alcohol abuse, themes of suicide and self-harm, or young teens acting in a sexually suggestive way. The sheer volume of uploads is impossible to moderate entirely – and since TikTok Jump's introduction in mid-2021, users can view third-party content outside the app.

18

CENSORED

EXPLICIT SONGS

TikTok primarily revolves around videos of users lip-syncing and dancing to music. Inevitably, some featured songs will contain explicit or suggestive lyrics. Given the app's young user-base, there is a risk that children may view older users' videos and then be inclined to imitate any explicit language or suggestive actions.

W&H!

TIKTOK FAME

The app has created its own celebrities: Charli D'Amelio and Lil Nas X, for example, were catapulted to fame by exposure on TikTok – leading to many more teens attempting to go viral and become "TikTok famous". While most aspiring stars hoping to be "the next big thing" will find it difficult, setbacks may in turn prompt them to go to even more drastic lengths to get noticed.



HAZARDOUS VISIBILITY

Connecting with others is simple on TikTok – including commenting on and reacting to users' videos, following their profile and downloading their content. The majority of these interactions are harmless, but – because of its abundance of teen users – TikTok has experienced problems with predators contacting young people.

ADDICTIVE NATURE

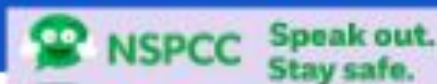
Like all social media, TikTok is designed to be addictive. It can be hugely entertaining – but that also makes it hard to put down. As well as the punchy nature of the short video format, the app's ability to keep users intrigued about what's coming next means it's easy for a 5-minute visit to turn into a 45-minute stay.

IN-APP SPENDING

There's an in-app option to purchase "TikTok coins", which are then converted into digital rewards for sending to content creators that a user likes. Prices range from 35p to an eye-watering £80 bundle. TikTok is also connected with Shopify, which allows users to buy products through the app.

30th September 2022

HVPA Safeguarding



Online Safety:

Advice for Parents & Carers

TALK ABOUT ONLINE CONTENT

Assuming your child is above TikTok's age limit, talk to them about what they've viewed on the app. Ask their opinion on what's appropriate and what isn't. Explain why they shouldn't give out personal details or upload videos which reveal information like their school or home address. In the long run, teaching them to think critically about what they see on TikTok could help them to become social-media savvy.

MAINTAIN PRIVACY SETTINGS

The default setting for all under 18s' accounts to 'private'. Keeping it that way is the safest solution: it means only users who your child approves can watch their videos. The 'Stitch' (which lets users splice clips from other people's videos into their own) and 'Duet' (where you build on another user's content by recording your own video alongside their original) features are now only available to over 18s. This might clash with your child's ambitions of social media stardom, but it will fortify their account against predators.

LEARN ABOUT REPORTING AND BLOCKING

With the correct privacy settings applied, TikTok is a relatively safe space. However, in case something does slip through, make sure your child knows how to recognise and report inappropriate content and get them to come to you about anything upsetting that they've seen. TikTok allows users to report anyone breaching its guidelines, while you can also block individual users through their profile.

ENABLE FAMILY PAIRING

'Family Pairing' lets parents and carers link their own TikTok account to their child's. Through your mobile, you can control your child's safety settings remotely – including limiting screen time, managing their ability to exchange messages (and with whom) and blocking a lot of age-inappropriate content. TikTok's Safety Centre also provides resources for parents and carers to support online safety among families. These resources can be found on their website.

USE RESTRICTED MODE

In the app's 'Digital Wellbeing' section, you can filter out inappropriate content (specific content creators or hashtags, for instance) using 'Restricted Mode'. This can then be locked with a PIN. You should note, though, that the algorithm moderating content isn't totally dependable – so it's wise to stay aware of what your child is watching.

MODERATE SCREEN TIME

As entertaining as TikTok is, you can help your child to manage their time on it in the 'Digital Wellbeing' section. Under 'Screen Time Management', you can limit the daily permitted time on the app (in increments ranging from 40 minutes to two hours). This preference can also be locked behind a PIN. That way, your child can get their regular dose of TikTok without wasting the whole day.



Hampton Vale Primary Academy

*'Education is the key to unlocking the world,
a passport to freedom.'*

Are you looking for a reception school place for your child?



We offer...

- A highly successful and knowledgeable early years team that put the wellbeing of all children at the centre of their practice.
- An immersive curriculum that promotes excellence within all areas of learning.
- Specialist teaching teams for PE, Art, Performing Arts and Forest School lessons.
- A well resourced and beautiful learning environment that includes recently renovated classrooms and an outdoor role play garden to provide outstanding outdoor learning opportunities.



We also have limited spaces within our highly popular nursery setting. Our friendly and dedicated nursery team provides the highest levels of childcare in a beautiful, immersive and engaging early years setting for the autumn term.

We offer term time childcare between the ages of 2-4 and we also accept 15 and 30 hour government funding.

Please contact our school office to arrange a tour of our school
or visit our website to find out further information.

01733 247000 | www.hvp.org.uk

OCTOBER HALF TERM HOLIDAY FUN

Sports Camps For children 4-12 years



HAMPTON & YAXLEY (PETERBOROUGH)

Yaxley Infant School

Main Street, Yaxley, Peterborough PE73LU

Mon 24th, Tue 25th & Fri 28th

October 2022

Hampton Sports Facility

Beaumont Way, Hampton,

Peterborough PE78DN

Wed 26th & Thur 27th October 2022



Tel: 07850000997

ONLY £18 PER DAY

All days

9am-3pm.



www.kick-offsports.co.uk



OCTOBER HALF TERM SPORTS FUN DAYS Hampton & Yaxley (Peterborough)

We are excited to be running our Kick-Off Sports Camps during the October Half Term at various venues. Our events are from 9am-3pm for any child 4-12 years. Children that attend other schools are also able to attend all venues.

Children will participate in a range of different sporting & fun activities that may include: football, hockey, dodgeball, dance, archery to name a few with many more fun games in age appropriate groups.

Your child will need to bring with them the following: packed lunch, drinks, comfortable clothing and trainers.

The cost per day is £18.

TO BOOK please click the link:

www.kick-offsports.co.uk/holiday-clubs



www.kick-offsports.co.uk



CHILDRENS MARTIAL ARTS

BOOK NOW!

2 WEEKS FREE

To book at one of these locations:

HAMPTON

BOURNE

EYE

DEEPING

STAMFORD

CROWLAND

Visit our website or give us a call
www.inspiredmartialarts.co.uk

**PLUS FREE UNIFORM
WHEN YOU JOIN!**

FOR FURTHER INFO CONTACT US

☒ 01733 685353 ☒ www.inspiredmartialarts.co.uk

☒ classes@inspiredmartialarts.co.uk

☒ [Facebook.com/inspired.martialarts](https://www.facebook.com/inspired.martialarts)